



SERVICE MENU

Quad Session \$60

Pick 2 Main + 2 Add-On Services

Recommended for Injury Recovery, Post Surgery, and Chronic Pain:

Whole Body Cryotherapy + Heated Hydro Massage +
Pulsed Electromagnetic Field Therapy + Localized Cryotherapy

Trio Session \$50

Pick 1 Main + 2 Add-On Services

Duo Session \$40

Pick 1 Main + 1 Add-On Service

Main Services:

Whole Body Cryotherapy (3 minutes): Reduces Pain & Inflammation, Enhances Circulation and Increases Mobility, Improves Sleep & Mood

PEMF- Pulsed Electromagnetic Field Therapy (12 minutes): Energizes Cells & Body, Promotes Cell Regeneration and Collagen Synthesis, Stimulates Tissue Repair

CryoFacial (6 minutes): Promotes Skin Health, Stimulates Collagen Production, Reduces Blemishes & Redness

Add-On Services:

Localized Cryotherapy (3 minutes): Improves Local Circulation, Increases Range of Motion, Reduces Pain, Swelling & Inflammation

HydroMassage (5 minutes): Relaxes & Soothes Muscles, Improves Circulation, Reduces Stress

FineLight Mask (10 minutes): Reduces Wrinkles, Destroys Bacteria that Cause Acne, Lightens Dark Spots

Vibration Platform (10 minutes): Increases Bone Density, Enhances Bloodflow, Improves Stability

1-Month Pass (1 session per day, Monday-Saturday)

Duo \$199

Trio \$249

Quad \$349

Duo: 1 Main Service + 1 Add-On

Trio: 1 Main Service + 2 Add-Ons

Quad: 2 Main Services + 2 Add-Ons

3-Month Pass (1 session per day, Monday-Saturday)

Duo \$499

Trio \$599

Quad \$899

3-Pack (3 sessions, no expiration date)

Duo \$110

Trio \$140

Quad \$170

10-Pack (10 sessions, no expiration date)

Duo \$250

Trio \$300

Quad \$450

Executive Membership (Maintenance Plan) \$99/month

- Includes 3 Trio Sessions per month
- Drop In Rate: \$25 per Trio Session
- Unused pre-paid sessions carry over
- 3 month minimum commitment (autorenews until member cancels)
- Guest Rate \$40 (for Trio Session)
- Member earns free session for every referred guest

Single Modality Recovery Services (no expiration)

Cryo Chamber (Single / 3-pack / 10-pack) \$35 / \$100 / \$250

Localized Cryo (Single / 3-pack / 10-pack) \$15 / \$40 / \$130

PEMF (Single / 3-pack / 10-pack) \$30 / \$75 / \$225

Hydro Massage (per 5 minutes) \$5

Vibration Platform (per 10 minutes) \$10

Family Discounts Clients from the same household or students (18 and under) receive \$10 off monthly Executive Membership or 15% off Passes/Packages (same day purchase)

BODY CONTOURING SERVICES

Lipo Light

Lipo Light Body Contouring is an advanced LED light technology system that utilizes red light through a process called photobiomodulation to help clients lose inches from target areas of their body, emulsifying and eliminating fat. Whole Body Cryo is encouraged by our physicians as treatment immediately following the Lipo Light session to increase metabolism. For more details, please consult our staff.

PRICING	Lipo Light Treatment	Whole Body Cryotherapy Add-On
Introductory Session	\$149	\$25 trial
12 Session Program	\$900	\$275
16 Session Program	\$1100	\$350
24 Session Program	\$1500	\$500

DETOXIFICATION SERVICES

HOCATT Ozone Infrared Sauna

(Hyperthermic Ozone & Carbonic Acid Transdermal Technology)

The HOCATT is the only steam sauna that delivers Transdermal Ozone, Carbonic Acid, Whole Body Hyperthermia, Far Infrared, High Intensity PEMF (Pulsed Electro-Magnetic Fields), Frequency Specific Microcurrents, Pure Oxygen Breathing Treatment, Photon Light, Ultraviolet Irradiation, and Essential Oil Infusions. These modalities work together to detox the body on a cellular level, boost energy, and strengthen the immune system.

Single Session (30 minute treatment)	\$150
Five Session Package	\$700
Ten Session Package (Full Detoxification Program)	\$1200

FACIAL SERVICES

The Ultimate Facial (Single / 4-Pack) \$60 / \$225

This package includes a 30-minute FineLight session, a 6 minute CryoFacial, and 10 minutes on our heated hydro massage bed. It's the ultimate all-natural solution for excellent skincare with absolutely no chemicals.

CryoFacial Rejuvenation (Single / 4-Pack) \$30 / \$100

Includes a 6-minute CryoFacial session plus 5 minutes hydro massage. The CryoFacial reduces redness, tightens pores and stimulates the natural production of collagen in the skin. Our medical-grade heated hydro massage bed targets any custom area(s) of the body using pressurized water. Guaranteed to be the favorite part of your day.

FineLight Mask Facial (Single / 4-Pack) \$40 / \$140

Includes a 30-minute treatment. FineLight is a safe and revolutionary skin rejuvenation system, utilizing the latest LED Light Therapy technology to energize the skin and promote the production of collagen and elastin.

FineLight provides three different colored light options.

Red: Reduces wrinkles, stimulates collagen production

Blue: Kills bacteria causing acne and shrinks oil-producing glands

Green: Helps reduce skin discoloration (dark spots)

SPA DAY PACKAGES

2 Hour Spa Day \$200

Your choice of HOCATT Ozone Infrared Sauna or Lipo Light Body Contouring PLUS The Ultimate Facial (FineLight Mask + CryoFacial Rejuvenation + HydroMassage)

3 Hour Spa Day \$340

HOCATT Ozone Infrared Sauna PLUS Lipo Light Body Contouring PLUS The Ultimate Facial (FineLight Mask + CryoFacial Rejuvenation + HydroMassage)